# How to identify an opioid overdose:

**Look for these common signs:**

- The person won't wake up even if you shake them or say their name
- Breathing slows or even stops
- Lips and fingernails turn blue or gray
- Skin gets pale, clammy

# In case of overdose:

**1 Call 911 and give naloxone**

If no reaction in 3 minutes, give second naloxone dose

**2 Do rescue breathing or chest compressions**

Follow 911 dispatcher instructions

**3 After naloxone**

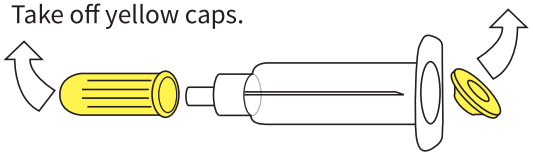
Stay with person for at least 3 hours or until help arrives

# How to give naloxone:

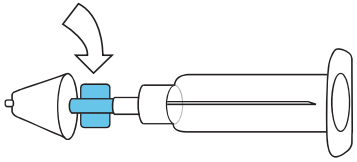
There are 3 ways to give naloxone. Follow the instructions for the type you have.

## Nasal spray naloxone

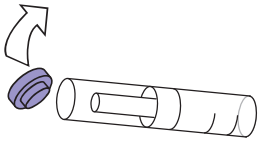
**1** Take off yellow caps.

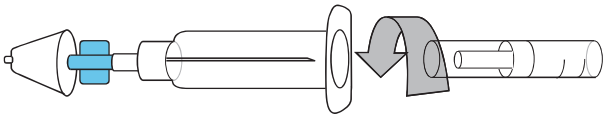


**2** Screw on white cone.

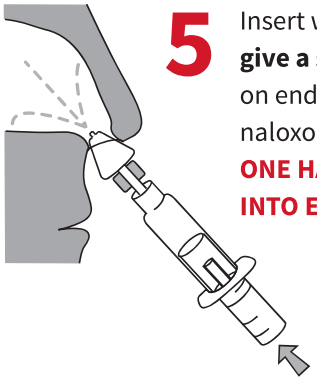


**3** Take purple cap off capsule of naloxone.





**4** Gently screw capsule of naloxone into barrel of syringe.



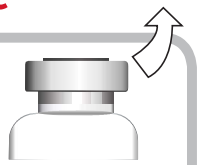
**5** Insert white cone into nostril; **give a short, strong push** on end of capsule to spray naloxone into nose: **ONE HALF OF THE CAPSULE INTO EACH NOSTRIL.**

Push to spray.

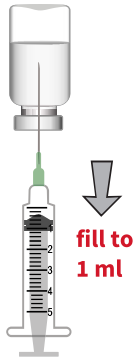
**6** If no reaction in 3 minutes, give second dose.

## Injectable naloxone

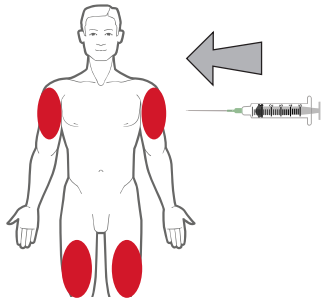
**1** Remove cap from naloxone vial and uncover the needle.



**2** Insert needle through rubber plug with vial upside down. Pull back on plunger and take up 1 ml.




**3** Inject 1 ml of naloxone into an upper arm or thigh muscle.



**4** If no reaction in 3 minutes, give second dose.

## Auto-injector

The naloxone auto-injector is FDA approved for use by anyone in the community. It contains a speaker that provides instructions to inject naloxone into the outer thigh, through clothing if needed.